



# Vocal Physical Therapy

Manual Therapy for the larynx & voice

## The Performance Voice

**LONDON 2025**

**Fri 7<sup>th</sup> - Sun 9<sup>th</sup> November, 2025**

Do you work with professional voice users and performing artists? Are you looking to expand your skills and help your artists achieve a more sustainable, high-quality voice?

In association with Physios in Sport and Pure Sports Medicine, join us for Vocal Physical Therapy for the Performance Voice, a three-day, hands-on course designed to equip you with the foundational knowledge and practical skills needed for the musculoskeletal evaluation and treatment of the professional larynx.

This course will teach you how to:

- Effectively evaluate and treat the musculoskeletal components of the professional and performing artist's larynx.
- "Unload" the larynx using manual therapy techniques.
- Enhance a singer's postural and biomechanical set up for a more sustainable voice.

These hands on techniques help you "tune up" the performance voice so your clients achieve their full vocal potential.

### This practical and interactive two day workshop includes:

- Foundations and evidence based practice behind manual therapy for the laryngeal mechanism.
- The framework of Vocal Physical Therapy
- Movement and management strategies
- Case studies

### Included resources:

- Pre reading
- Full printed manual
- 60 min online workshop at week six
- Online learning community
- Certificate of Completion

Presenter: **Annie Strauch** (she/her), MACP  
Titled Musculoskeletal, Sports & Exercise Physiotherapist  
B. Pty (Hons), M. Pty (Sports & Exercise), M. Pty (Musc)

### Register Now:

[Click here or Scan](#)



### Fee

<b>£575</b>	Standard Rate
<b>£525</b>	Early Bird until Oct 1st (code EARLYVOCAL25)
<b>£500</b>	Members until Oct 1 <sup>st</sup> ACPSEM/ACPOHE/Physio First/ MACP/Pure/IADMS/PAMA/BAPAM (code MEMBERVOCAL25)
<b>£599</b>	Bookings from Nov 1st

### Booking Terms & Conditions

1. The participant must pay the course fees to Performance Medicine prior to attending the course.
2. Payment options are:
  - Visa, MasterCard via Stripe using the QR code
  - Prices are in the Great British Pound
3. All requests to cancel must be made in writing no less than 14 days prior to the commencement date of the course.
  - Cancellations received less than 14 days prior to the start of the course will incur a fee of 100% of the total course price.
4. Performance Medicine reserves the right to make alterations or changes to a previously confirmed training course date for a variety of reasons including but not exclusively, such as illness of the presenter. In the unlikely event Performance Medicine will inform the participant as soon as possible.



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